

DAILY FEEDING SUGGESTIONS FOR CATS – quantities are given as a guide only, some animals may have differing needs (see notes below)

Weight of cat (kg)	Everyday Supplement for daily maintenance	Everyday Extra Supplement for daily maintenance	Apple cider vinegar	Fresh meat*	Vegies Plus Dried vegetable & fruit mix	Fresh vegetables** (pureed/finely grated)	Bones*** (grams)
1	½ teaspoon	¾ teaspoon	10 drops	2 teaspoons	Pinch	½ teaspoon	20 - 25
2	1 teaspoons	1 ¼ teaspoons	20 drops (1 mL)	4 teaspoons (1 tablespoon)	Large pinch (1/8 teaspoon)	1 teaspoon	40 - 50
3	1 ½ teaspoon	2 ¼ teaspoons	30 drops	6 teaspoons	¼ teaspoon	1 ½ teaspoons	60 - 75
4	2 teaspoons (½ tablespoon)	3 teaspoons	40 drops	2 tablespoons	½ teaspoon	2 teaspoons	80 - 100
5	2 ½ teaspoons	3 ¾ teaspoons	50 drops (2.5 mL = ½ tsp)	2 ½ tablespoons	¾ teaspoon	2 ½ teaspoons	100 - 125
6	3 teaspoons	4 ½ teaspoons	60 drops (6 mL)	3 tablespoons	1 teaspoon	3 teaspoons	120 - 150

Feed Berigora Farm Everyday Supplement *or* Berigora Farm Everyday Extra Supplement (depending on your cat's needs).

Feed Berigora Farm Vegies Plus *or* fresh vegetables.

Mix Everyday *or* Everyday Extra supplement, apple cider vinegar, meat and Vegies Plus (*or* fresh vegetables) together and feed. Give bones as a separate meal.

Berigora Farm Everyday supplement and Everyday Extra supplement may be fed at up to double the maintenance quantity for animals with high nutritional needs (pregnant/lactating queens, old, ill or convalescing animals). Cats with high nutritional needs, very active cats and kittens may also need increased quantities of meat, vegetables and bones to maintain normal weight. Very sedentary cats may require decreased quantities of meat, vegetables and bones to avoid putting on excess weight. Feed overweight or underweight cats according to their ideal weight, not their present weight. Fresh drinking water should be available at all times. Fast healthy adult cats 1 day per week to rest their digestive system (do not fast kittens, pregnant/lactating queens, old, ill or convalescing animals). Give only fresh drinking water during the fast day.

* 75% raw shredded or minced meat (beef, lamb/mutton, chicken; 25% raw liver/heart/kidney/brains/tripe or occasionally plain canned fish). It is essential to feed raw liver once or twice per week to provide taurine which is an essential nutrient for cats.

** processed or very finely chopped raw green vegetables (such as celery leaves, lettuce, silver beet, broccoli, sprouts) and/or processed or finely grated raw carrot, beetroot, sweet potato, pumpkin)

*** choose meaty bones: lamb ribs, chicken (necks, wings, carcasses), turkey pieces, whole fish. For kittens or very old cats with poor dentition, pulverise bones with a meat mallet just enough so that they are able to eat them (bones contain important minerals and are also important for keeping the teeth clean).

It is recommended that a variety of meats and vegetables are fed to provide a balance of nutrients.