

Carole Bryant, Naturopath

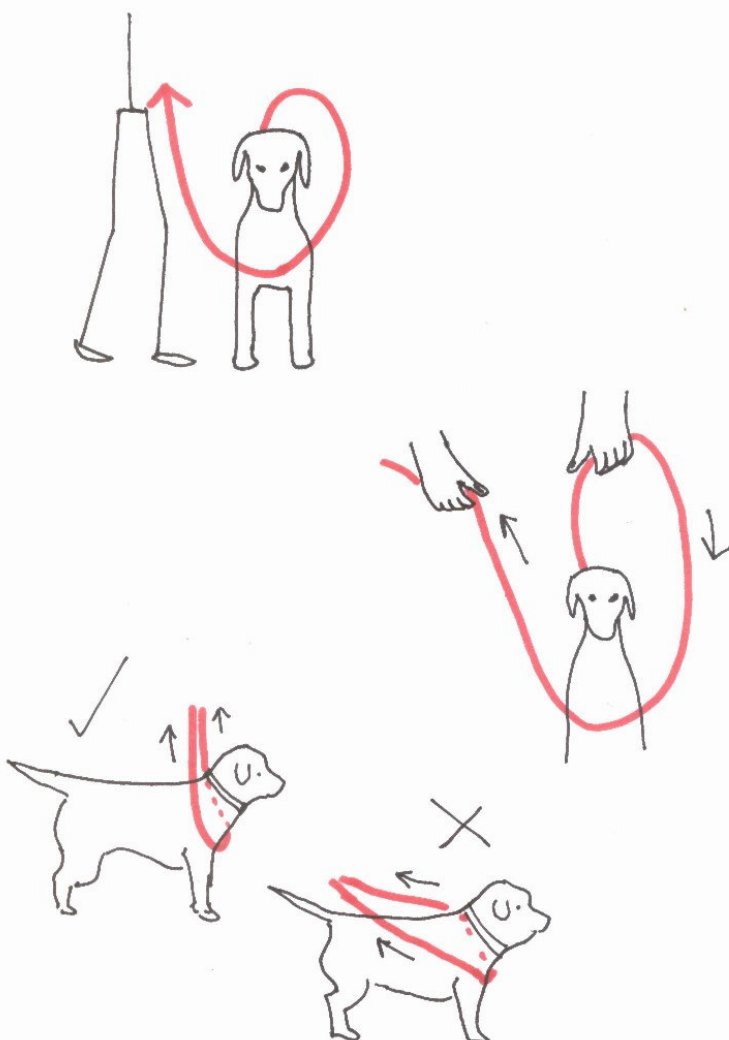
(ATMS & HATAA accredited)

- nutrition • herbal medicine • homoeopathy • flower essences • iridology • massage • manipulative muscle therapy
- kinesiology • reflexology • Neuro Linguistic Programming • Thought Field Therapy • Reiki
- plus for pets: TTouch Practitioner I; TTEAM techniques; Cert IV Behavioural Dog Trainer

USING THE TTOUCH BALANCE LEASH

Many dogs pull on the leash because they are out of balance, with more weight on the front end than the hindquarters. The balance leash encourages the dog to redistribute its weight evenly between the fore and hindquarters and is used to help dogs learn to walk in balance. It is excellent for helping dogs with a history of pulling on the leash.

With the leash clipped onto your dog's collar and the leash in your left hand, pass the leash down the dog's left shoulder, across the chest, the back up to your right hand. You will now be holding the leash in both hands, with a loop across the dog's chest as follows:



It is important to keep the loop of the balance leash low on the dog's chest near the top of the legs and for the handler to be correctly positioned at the dog's shoulder. The balance leash can then be used in an upward movement to "ask" the dog to come into balance. (If the handler is further back than the dog's shoulder, the balance leash will have a backward action and act like a tracking or sledding harness which will actually encourage the dog to pull).

After asking the dog to come back into balance, you must immediately release the lead again so that it is completely loose and the dog can walk in balance without restriction.

Tension should only be on the loop across the dog's chest for a split second when you are asking it to come back into balance. For dogs that are used to pulling, you may need to "ask and release" every few seconds until the dog learns to maintain a

Carole Bryant, Naturopath

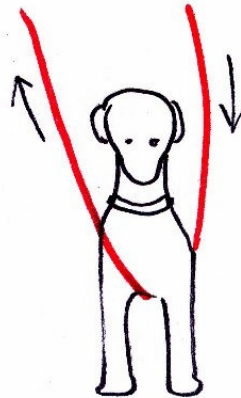
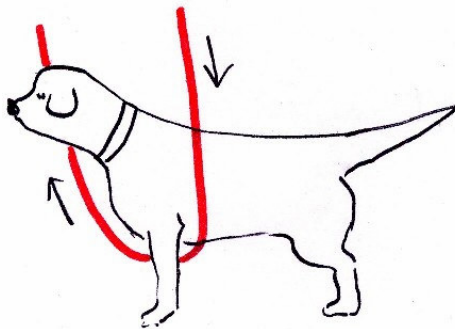
(ATMS & HATAA accredited)

- nutrition • herbal medicine • homoeopathy • flower essences • iridology • massage • manipulative muscle therapy
- kinesiology • reflexology • Neuro Linguistic Programming • Thought Field Therapy • Reiki
- plus for pets: TTouch Practitioner I; TTEAM techniques; Cert IV Behavioural Dog Trainer

balanced posture.

It is also important that you hold the leash in both hands as this helps you maintain a balanced posture (in order to help your dog stay in balance it is important that you are in balance yourself).

For dogs that spin and jump around and get out of the balance leash, it can be set up as follows so they can't get out of it:



If your dog is really persistent and can even wriggle out of that configuration, pass the lead under the collar after it comes up between the front legs.

All methods of using the balance leash assume your dog is on your left side. If your dog will be walking on your right side, you will need to reverse these directions.



Carole Bryant 2005©

Webbers Arcade, 133 Prince Street, Grafton. 2460 Ph: 02 66439035
Email: carole@berigorafarm.com.au Website: www.berigorafarm.com.au

..... natural health care for people, pets & livestock